

NOVEMBER BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 • HOT pancake bowl peach • Fresh fruit • milk	2 • blueberry burst bagel w/cream cheese • Fresh fruit • milk
5 NO SCHOOL	6 • cinnamon chex/ zac attack strawberry(DF) • Fresh fruit • milk	7 • cinnamon raisin bagel (VG) • Fresh fruit • milk	8 • HOT french toast sticks • blueberry muffin • apple crisp granola (VG)(DF)	9 • multigrain cheerios/ zac attack strawberry (DF) • Fresh fruit • milk
12 • cinnamon vanilla crunch granola (VG) (DF) • Fresh fruit • milk	13 • HOT pancake bowl strawberry • Fresh fruit • milk	14 • HOT cornbread & egg omelet • Fresh fruit • milk	15 • Rise & Shine Breakfast Burrito • Fresh fruit • milk	16 • HOT cinnamon toast bagel • Fresh fruit • milk
19 NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	HAPPY THANKSGIVING! 22 NO SCHOOL	23 NO SCHOOL
26 • SHELF STABLE cinnamon chex/ honey grahams • Applesauce • milk	27 • breakfast enchilada scramble w/scoops (VG) • Fresh fruit • milk	28 • cinnamon crumble • Fresh fruit • milk	29 • HOT pancake bowl peach • Fresh fruit • milk	30 • HOT egg & sausage quesadilla • Fresh fruit • milk

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.