



What's on the menu?

chartwells
serving up happy & healthy

July 2022: Breakfast

Monday Tuesday Wednesday Thursday Friday

SUMMER CAMP

Milk Choice provided with each meal.



@Louisiana Chartwells K12

This institution is an equal opportunity provider

1

Strawberry Poptarts

Assorted Fresh Seasonal Fruit

4

No School

4th of July Holiday

5

Cinni Mini

100% Fruit Juices
Seasonal Fruit

6

Whole Grain Muffin & Low-fat Yogurt

Assorted Fresh Seasonal Fruit

7

Mini Bagels w/ Cream Cheese

100% Fruit Juices
Seasonal Fruit

8

Strawberry Poptarts

Assorted Fresh Seasonal Fruit

11

Cereal w/ Graham Crackers

Assorted Fresh Seasonal Fruit

12

Cinni Mini

100% Fruit Juices
Seasonal Fruit

13

Whole Grain Muffin & Low-fat Yogurt

Assorted Fresh Seasonal Fruit

14

Mini Bagels w/ Cream Cheese

100% Fruit Juices
Seasonal Fruit

15

Strawberry Poptarts

Assorted Fresh Seasonal Fruit

18

Cereal w/ Graham Crackers

Assorted Fresh Seasonal Fruit

19

Cinni Mini

100% Fruit Juices
Seasonal Fruit

20

Whole Grain Muffin & Low-fat Yogurt

Assorted Fresh Seasonal Fruit

21

Mini Bagels w/ Cream Cheese

100% Fruit Juices
Seasonal Fruit

22

Strawberry Poptarts

Assorted Fresh Seasonal Fruit

25

Strawberry Poptarts

Assorted Fresh Seasonal Fruit

26

Strawberry Poptarts

Assorted Fresh Seasonal Fruit

27

Strawberry Poptarts

Assorted Fresh Seasonal Fruit

28

Strawberry Poptarts

Assorted Fresh Seasonal Fruit

29

Strawberry Poptarts

Assorted Fresh Seasonal Fruit



What's on the menu?



July 2022: Lunch

Monday Tuesday Wednesday Thursday Friday

SUMMER CAMP

Milk Choice provided with each meal.



@Louisiana Chartwells K12

This institution is an equal opportunity provider

1

Ham & Cheese Pobo w/ Lettuce & Tomato

-Fresh Broccoli Florets-
-Seasonal Fresh Fruit-

4

No School

4th of July Holiday

5

Turkey Chili Mac w/ Roll

-Seasoned Corn-
-Seasonal Fresh Fruit-

6

Crispy Chicken Sandwich

-Mixed Vegetables-
-Seasonal Fresh Fruit-

7

Meatballs & Spaghetti w/ Roll

-Green Peas-
-Seasonal Fresh Fruit-

8

Tukey & Cheese Wrap w/ Lettuce & Tomato

-Fresh Baby Carrots-
-Seasonal Fresh Fruit-

11

White Beans w/ Smoked Sausage over Rice

-Collard Greens-
-Seasonal Fresh Fruit-

12

BBQ Riblets w/ Mac-n-Cheese

-Green Beans-
-Seasonal Fresh Fruit-

13

Cheeseburger

-Mixed Vegetables-
-Seasonal Fresh Fruit-

14

Smothered Diced Chicken & Gravy over Rice

-Seasoned Carrots-
-Seasonal Fresh Fruit-

15

Ham & Cheese Pobo w/ Lettuce & Tomato

-Fresh Broccoli Florets-
-Seasonal Fresh Fruit-

18

Chicken & Sausage Jambalaya

-Green Beans-
-Seasonal Fresh Fruit-

19

Meatballs & Spaghetti with Hawaiian Roll

-Sliced Carrots-
-Seasonal Fresh Fruit-

20

Crispy Chicken Sandwich

-Mixed Vegetables-
-Seasonal Fresh Fruit-

21

Ground Turkey & Cheese Burrito w/ Fiesta Rice

-Seasoned Corn-
-Seasonal Fresh Fruit-

22

Chicken Salad Wrap w/ Lettuce & Tomato

-Fresh Baby Carrots-
-Seasonal Fresh Fruit-

25

Red Beans w/ Smoked Sausage over Rice

-Collard Greens-
-Seasonal Fresh Fruit-

26

Turkey Meatsauce & Spaghetti with Hawaiian Roll

-Green Beans-
-Seasonal Fresh Fruit-

27

Cheeseburger

-Mixed Vegetables-
-Seasonal Fresh Fruit-

28

Smothered Diced Chicken & Gravy over Rice

-Seasoned Carrots-
-Seasonal Fresh Fruit-

29

Ham & Cheese Pobo w/ Lettuce & Tomato

-Fresh Broccoli Florets-
-Seasonal Fresh Fruit-