

# What's on the menu?

## June 2022: Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

# SUMMER CAMP

\*This institution is an equal opportunity provider.  
Milk Choice provided with each meal.

1

**Whole Grain Muffin  
& Low-fat Yogurt**

Assorted Fresh  
Seasonal Fruit

2

**Mini Bagels  
w/ Cream Cheese**

100% Fruit Juices  
Seasonal Fruit

3

**Strawberry  
Poptarts**

Assorted Fresh  
Seasonal Fruit

6

**Cereal w/ Graham  
Crackers**

Assorted Fresh  
Seasonal Fruit

7

**Cinni  
Mini**

100% Fruit Juices  
Seasonal Fruit

8

**Whole Grain Muffin  
& Low-fat Yogurt**

Assorted Fresh  
Seasonal Fruit

9

**Mini Bagels  
w/ Cream Cheese**

100% Fruit Juices  
Seasonal Fruit

10

**Strawberry  
Poptarts**

Assorted Fresh  
Seasonal Fruit

13

**Cereal w/ Graham  
Crackers**

Assorted Fresh  
Seasonal Fruit

14

**Cinni  
Mini**

100% Fruit Juices  
Seasonal Fruit

15

**Whole Grain Muffin  
& Low-fat Yogurt**

Assorted Fresh  
Seasonal Fruit

16

**Mini Bagels  
w/ Cream Cheese**

100% Fruit Juices  
Seasonal Fruit

17

**Strawberry  
Poptarts**

Assorted Fresh  
Seasonal Fruit

20

**Cereal w/ Graham  
Crackers**

Assorted Fresh  
Seasonal Fruit

21

**Cinni  
Mini**

100% Fruit Juices  
Seasonal Fruit

22

**Whole Grain Muffin  
& Low-fat Yogurt**

Assorted Fresh  
Seasonal Fruit

23

**Mini Bagels  
w/ Cream Cheese**

100% Fruit Juices  
Seasonal Fruit

24

**Strawberry  
Poptarts**

Assorted Fresh  
Seasonal Fruit

27

**Cereal w/ Graham  
Crackers**

Assorted Fresh  
Seasonal Fruit

28

**Cinni  
Mini**

100% Fruit Juices  
Seasonal Fruit

29

**Whole Grain Muffin  
& Low-fat Yogurt**

Assorted Fresh  
Seasonal Fruit

30

**Mini Bagels  
w/ Cream Cheese**

100% Fruit Juices  
Seasonal Fruit

# What's on the menu?

## June 2022: Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

# SUMMER CAMP

\*This institution is an equal opportunity provider.  
Milk Choice provided with each meal.

**1**  
**Cheeseburger**  
  
-Mixed Vegetables-  
-Seasonal Fresh Fruit-

**2**  
**Smothered Diced Chicken & Gravy over Rice**  
  
-Seasoned Carrots-  
-Seasonal Fresh Fruit-

**3**  
**Ham & Cheese on Bun w/ Lettuce & Tomato**  
  
-Fresh Broccoli Florets-  
-Seasonal Fresh Fruit-

**6**  
**Cheeseburger**  
  
-Green Beans-  
-Seasonal Fresh Fruit-

**7**  
**Turkey Chili Mac w/ Hawaiian Roll**  
  
-Seasoned Corn-  
-Seasonal Fresh Fruit-

**8**  
**Crispy Chicken Sandwich**  
  
-Mixed Vegetables-  
-Seasonal Fresh Fruit-

**9**  
**Meatballs & Spaghetti with Hawaiian Roll**  
  
-Green Peas-  
-Seasonal Fresh Fruit-

**10**  
**Tukey & Cheese Wrap w/ Lettuce & Tomato**  
  
-Fresh Baby Carrots-  
-Seasonal Fresh Fruit-

**13**  
**White Beans w/ Smoked Sausage over Rice**  
  
-Collard Greens-  
-Seasonal Fresh Fruit-

**14**  
**BBQ Riblets w/ Mac-n-Cheese**  
  
-Green Beans-  
-Seasonal Fresh Fruit-

**15**  
**Cheeseburger**  
  
-Mixed Vegetables-  
-Seasonal Fresh Fruit-

**16**  
**Smothered Diced Chicken & Gravy over Rice**  
  
-Seasoned Carrots-  
-Seasonal Fresh Fruit-

**17**  
**Ham & Cheese Poboy w/ Lettuce & Tomato**  
  
-Fresh Broccoli Florets-  
-Seasonal Fresh Fruit-

**20**  
**Chicken & Sausage Jambalaya**  
  
-Green Beans-  
-Seasonal Fresh Fruit-

**21**  
**Meatballs & Spaghetti with Hawaiian Roll**  
  
-Sliced Carrots-  
-Seasonal Fresh Fruit-

**22**  
**Crispy Chicken Sandwich**  
  
-Mixed Vegetables-  
-Seasonal Fresh Fruit-

**23**  
**Ground Turkey & Cheese Burrito w/ Fiesta Rice**  
  
-Seasoned Corn-  
-Seasonal Fresh Fruit-

**24**  
**Chicken Salad Wrap w/ Lettuce & Tomato**  
  
-Fresh Baby Carrots-  
-Seasonal Fresh Fruit-

**27**  
**Red Beans w/ Smoked Sausage over Rice**  
  
-Collard Greens-  
-Seasonal Fresh Fruit-

**28**  
**Turkey Meatsauce & Spaghetti with Hawaiian Roll**  
  
-Green Beans-  
-Seasonal Fresh Fruit-

**29**  
**Cheeseburger**  
  
-Mixed Vegetables-  
-Seasonal Fresh Fruit-

**30**  
**Smothered Diced Chicken & Gravy over Rice**  
  
-Seasoned Carrots-  
-Seasonal Fresh Fruit-

