

September Breakfast

BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			French Toast With Syrup Assorted Fruit Skim/1% Milk	Breakfast Sandwich Egg with a Biscuit Assorted Fruit Skim/1% Milk
Labor Day	BYO Yogurt Parfait With Yogurt and Homemade Granola Assorted Fruit Skim/1% Milk	Whole Grain Pancakes With Syrup Assorted Fruit Skim/1% Milk	Breakfast Pizza Assorted Fruit Skim/1% Milk	Cheesy Grits and Toast Assorted Fruit Skim/1% Milk
Sausage Biscuit Assorted Fruit Skim/1% Milk	BYO Yogurt Parfait With Yogurt and Homemade Granola Assorted Fruit Skim/1% Milk	French Toast With Syrup Assorted Fruit Skim/1% Milk	Breakfast Sandwich Egg and Cheese on an English Muffin Assorted Fruit Skim/1% Milk	Whole Grain Pancakes With Syrup Assorted Fruit Skim/1% Milk
Sausage English Muffin Sandwich Assorted Fruit Skim/1% Milk	You Pick 2: Cereal, Graham Crackers, Yogurt, String cheese Assorted Fruit Skim/1% Milk	Breakfast Burrito Assorted Fruit Skim/1% Milk	French Toast With Syrup Assorted Fruit Skim/1% Milk	Breakfast Sandwich Egg with a Biscuit Assorted Fruit Skim/1% Milk
Whole Grain Pancakes With Syrup Assorted Fruit Skim/1% Milk	Scrambled Cheesy Eggs with Toast Assorted Fruit Skim/1% Milk	Whole Grain Pancakes With Syrup Assorted Fruit Skim/1% Milk	BYO Yogurt Parfait With Yogurt and Homemade Granola Assorted Fruit Skim/1% Milk	BYO Yogurt Parfait With Yogurt and Homemade Granola Assorted Fruit Skim/1% Milk