



GF NINE

GOOD FOOD DOES GOOD

November 2022

Bishop McManus
Breakfast Menu K-12

	<p>01</p> <p>Pick 2 Assorted Breakfast Items Banana 100% Orange Juice Low Fat 1% Milk Fat Free Chocolate Milk</p>	<p>02</p> <p>Whole Grain Bagel with Cream Cheese Fresh Apple Low Fat 1% Milk Fat Free Chocolate Milk</p>	<p>03</p> <p>Yogurt & Granola Parfait <i>Asstd Fruit</i> 100% Apple Juice Low Fat 1% Milk Fat Free Chocolate Milk <i>Fat Free Milk</i></p>	<p>04</p> <p>Breakfast Sandwich Fresh Apple Low Fat 1% Milk <i>Non Fat Milk</i> Fat Free Chocolate Milk</p>
<p>07</p> <p>Pick 2 Assorted Breakfast Items Fresh Apple Low Fat 1% Milk Fat Free Chocolate Milk Fat Free Milk</p>	<p>08</p> <p>Scrambled Egg & Cheese with Toast Banana 100% Orange Juice Low Fat 1% Milk Fat Free Chocolate Milk</p>	<p>09</p> <p>Whole Grain Pancakes Fresh Apple Low Fat 1% Milk Fat Free Chocolate Milk Smucker's Breakfast Syrup</p>	<p>10</p> <p>Yogurt & Granola Parfait 100% Apple Juice Fresh Orange Low Fat 1% Milk Fat Free Chocolate Milk</p>	<p>11</p> <p>Pick 2 Assorted Breakfast Items Fresh Apple Low Fat 1% Milk Fat Free Chocolate Milk</p>
<p>14</p> <p>Pick 2 Assorted Breakfast Items Fresh Apple Low Fat 1% Milk Fat Free Chocolate Milk</p>	<p>15</p> <p>Breakfast Pizza Banana 100% Orange Juice Low Fat 1% Milk Fat Free Chocolate Milk</p>	<p>16</p> <p>Whole Grain French Toast Sticks Fresh Apple Low Fat 1% Milk Fat Free Chocolate Milk Smucker's Breakfast Syrup</p>	<p>17</p> <p>Yogurt & Granola Parfait 100% Apple Juice Fresh Orange Low Fat 1% Milk Fat Free Chocolate Milk</p>	<p>18</p> <p>Pick 2 Assorted Breakfast Items Fresh Apple Low Fat 1% Milk Fat Free Chocolate Milk</p>
<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>28</p> <p>Pick 2 Assorted Breakfast Items Fresh Apple Low Fat 1% Milk Fat Free Chocolate Milk Fat Free Milk</p>	<p>29</p> <p>Yogurt & Granola Parfait Banana 100% Orange Juice Low Fat 1% Milk Fat Free Chocolate Milk</p>	<p>30</p> <p>Pick 2 Assorted Breakfast Items Fresh Apple Low Fat 1% Milk Fat Free Chocolate Milk</p>		

This institution is an equal opportunity provider.