



**March 2023**

Bishop McManus  
Vended 22/23 LA Base Breakfast K-12

		<b>01</b> <b>Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk	<b>02</b> <b>Entree</b> Breakfast Sandwich <b>Fruit</b> 100% Apple Juice Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk	<b>03</b> <b>Entree</b> Whole Grain Pancakes <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Smucker's Breakfast Syrup
<b>06</b> <b>Entree</b> Assorted Muffins <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk	<b>07</b> <b>Entree</b> Whole Grain Waffles <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Smucker's Breakfast Syrup	<b>08</b> <b>Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk	<b>09</b> <b>Entree</b> Whole Grain French Toast Sticks <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Smucker's Breakfast Syrup	<b>10</b> <b>Entree</b> Whole Grain Bagel with Cream Cheese <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk
<b>13</b> <b>Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk Fat Free Milk	<b>14</b> <b>Entree</b> Scrambled Egg & Cheese with Toast <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Ketchup	<b>15</b> <b>Entree</b> Whole Grain Pancakes <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Smucker's Breakfast Syrup	<b>16</b> <b>Entree</b> Assorted Muffins <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk	<b>17</b> <b>Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk
<b>20</b> <b>Entree</b> Turkey Sausage Biscuit <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk	<b>21</b> <b>Entree</b> Yogurt & Granola Parfait <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Milk Fat Free Chocolate Milk	<b>22</b> <b>Entree</b> Whole Grain French Toast Sticks <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Milk Low Fat 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Smucker's Breakfast Syrup	<b>23</b> <b>Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Milk Fat Free Chocolate Milk	<b>24</b> <b>Entree</b> Whole Grain Pancakes <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Milk Low Fat 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Smucker's Breakfast Syrup
<b>27</b> <b>Entree</b> Whole Grain Bagel with Cream Cheese <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk	<b>28</b> <b>Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Smucker's Breakfast Syrup	<b>29</b> <b>Entree</b> Breakfast Burrito <b>Vegetables</b> Chunky Salsa, Mild <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk	<b>30</b> <b>Entree</b> Whole Grain French Toast Sticks <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk <b>Misc.</b> Smucker's Breakfast Syrup	<b>31</b> <b>Entree</b> Whole Grain Bagel with Cream Cheese <b>Fruit</b> Assorted Fruit <b>Milk</b> Low Fat 1% Milk Fat Free Chocolate Milk