



**March 2023**

**Bishop McManus  
Vended Lunch K-8**

		<p><b>01</b></p> <p><b>Entree</b> Beef Cheeseburger <b>Vegetables</b> Steamed Corn Side Salad <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk Fat Free Milk <b>Misc.</b> Ketchup Assorted Salad Dressing</p>	<p><b>02</b></p> <p><b>Entree</b> Chicken Nuggets &amp; Dinner Roll <b>Vegetables</b> Tater Puffs/Tater Tots <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk Fat Free Milk <b>Misc.</b> Ketchup</p>	<p><b>03</b></p> <p><b>Entree</b> Cheese Pizza <b>Vegetables</b> Side Salad Seasoned/Roasted Carrots <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk Fat Free Milk <b>Misc.</b> Assorted Salad Dressing</p>
<p><b>06</b></p> <p><b>Entree</b> Turkey Meatloaf <b>Vegetables</b> Green Peas Mashed Potatoes <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Wheat Dinner Roll <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk</p>	<p><b>07</b></p> <p><b>Entree</b> Ground Beef Burrito <b>Vegetables</b> Black Bean &amp; Corn Salad <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Milk Fat Free Chocolate Milk Low Fat 1% Milk</p>	<p><b>08</b></p> <p><b>Entree</b> Jerk Chicken <b>Vegetables</b> Sauteed Cabbage and Greens Carrot Sticks <b>Fruit</b> Assorted Fruit <b>Grains</b> Rice Pilaf <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk Fat Free Milk</p>	<p><b>09</b></p> <p><b>Entree</b> Hot Dog <b>Vegetables</b> Side Salad Roasted Sweet Potato <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk Fat Free Milk <b>Misc.</b> Ketchup Assorted Salad Dressing</p>	<p><b>10</b></p> <p><b>Entree</b> Cheese Pizza <b>Vegetables</b> Seasoned/Roasted Carrots Celery Stick <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing</p>
<p><b>13</b></p> <p><b>Entree</b> Salisbury Steak, with Mushroom Gravy Turkey <b>Vegetables</b> Glazed Carrots <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Wheat Dinner Rolls <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk</p>	<p><b>14</b></p> <p><b>Entree</b> Beef Soft Tacos <b>Vegetables</b> Fajita Style Peppers &amp; Onions Seasoned Black Beans <b>Fruit</b> Assorted Fruit <b>Grains</b> Mexican Style Rice <b>Milk</b> Fat Free Milk Fat Free Chocolate Milk Low Fat 1% Milk</p>	<p><b>15</b></p> <p><b>Entree</b> Teriyaki Meatball (Scratch Sauce) <b>Vegetables</b> Sauteed Cabbage and Greens Steamed Broccoli <b>Fruit</b> Assorted Fruit <b>Grains</b> Fried Rice <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk</p>	<p><b>16</b></p> <p><b>Entree</b> BBQ Chicken Sandwich <b>Vegetables</b> Roasted Potato Carrot &amp; Celery Cup with Ranch Dressing <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk 1% Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing</p>	<p><b>17</b></p> <p><b>Entree</b> Cheese Pizza <b>Vegetables</b> Carrot Sticks Steamed Corn <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing</p>
<p><b>20</b></p> <p><b>Entree</b> Cheeseburger Macaroni &amp; Cheese <b>Vegetables</b> Collard Greens Glazed Carrots <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk Fat Free Milk</p>	<p><b>21</b></p> <p><b>Entree</b> Beef Soft Tacos <b>Vegetables</b> Seasoned Black Beans Fajita Style Peppers &amp; Onions <b>Fruit</b> Assorted Fruit <b>Grains</b> Tortilla Chips <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk Fat Free Milk</p>	<p><b>22</b></p> <p><b>Entree</b> Chicken Alfredo over Whole Grain Spaghetti <b>Vegetables</b> Fresh Roasted Broccoli with Garlic Side Salad <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Wheat Dinner Roll <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk</p>	<p><b>23</b></p> <p><b>Entree</b> BBQ Chicken Sandwich <b>Vegetables</b> Tater Puffs/Tater Tots Sauteed Spinach <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk Fat Free Milk</p>	<p><b>24</b></p> <p><b>Entree</b> Cheese Pizza <b>Vegetables</b> Green Beans Carrot Sticks <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk</p>
<p><b>27</b></p> <p><b>Entree</b> Beef Cheeseburger <b>Vegetables</b> Tater Puffs/Tater Tots <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Ketchup</p>	<p><b>28</b></p> <p><b>Entree</b> Cheesy Pulled Pork Burrito <b>Vegetables</b> Mexican Street Corn Seasoned Black Beans <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk</p>	<p><b>29</b></p> <p><b>Entree</b> Cheesy Baked Pasta <b>Vegetables</b> Fresh Roasted Broccoli with Garlic <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Wheat Dinner Roll <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk Fat Free Milk</p>	<p><b>30</b></p> <p><b>Entree</b> Chicken Nuggets <b>Vegetables</b> Green Beans Roasted Sweet Potato <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Ketchup</p>	<p><b>31</b></p> <p><b>Entree</b> Cheese Pizza <b>Vegetables</b> Steamed Corn Green Peas <b>Fruit</b> Assorted Fruit <b>Milk</b> Fat Free Chocolate Milk Fat Free Milk Low Fat 1% Milk</p>

