



**December 2023**

**Bishop McManus  
Bishop McManus, K-8 Lunch**

					<b>01</b> <b>Lunch Entree</b> Cheese Pizza <b>Vegetables</b> Side Caesar Salad Carrot & Celery Cup with Ranch Dressing <b>Fruit</b> Fresh Pear Fresh Orange <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing
<b>04</b> <b>Lunch Entree</b> Chicken with Red Beans & Rice <b>Vegetables</b> Fresh Roasted Broccoli with Garlic Side Salad <b>Fruit</b> Fresh Pear Craisins/Raisins, Assorted Flavors <b>Grains</b> Whole Wheat Dinner Rolls <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing	<b>05</b> <b>Lunch Entree</b> Pulled Pork Nachos K-8 <b>Vegetables</b> Fajita Style Peppers & Onions 1/2c O Steamed Corn Side Salad <b>Fruit</b> Banana 100% Apple Juice <b>Grains</b> Mexican Style Rice <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing	<b>06</b> <b>Lunch Entree</b> Chicken Patty Sandwich <b>Vegetables</b> Roasted Sweet Potato Lettuce and Tomato Topping Side Salad <b>Fruit</b> Fresh Apple Fresh Orange <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ketchup Mustard Mayo Ranch Dressing	<b>07</b> <b>Lunch Entree</b> Roasted Chicken <b>Vegetables</b> Seasoned Squash Side Salad <b>Fruit</b> Craisins/Raisins, Assorted Flavors Fresh Pear <b>Grains</b> Rice Pilaf <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing	<b>08</b> <b>Lunch Entree</b> Pasta with Meat Sauce <b>Vegetables</b> Side Salad Green Beans <b>Fruit</b> Fresh Apple Banana <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing	
<b>11</b> <b>Lunch Entree</b> Chicken & Andouille Jambalaya <b>Vegetables</b> Green Beans Side Salad <b>Fruit</b> Fresh Apple Fresh Pear <b>Grains</b> Whole Grain Corn Bread <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk	<b>12</b> <b>Lunch Entree</b> Chicken Quesadilla <b>Vegetables</b> Chunky Salsa, Mild Steamed Corn Charro Beans, Scratch, 1/2 cup BL <b>Fruit</b> Fresh Orange Craisins/Raisins, Assorted Flavors <b>Grains</b> Mexican Style Rice <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk	<b>13</b> <b>Lunch Entree</b> Popcorn Chicken Mac & Cheese Bowl <b>Vegetables</b> Side Salad Sauteed Spinach <b>Fruit</b> Fresh Apple Fresh Orange <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ketchup Ranch Dressing	<b>14</b> <b>Lunch Entree</b> Turkey & Cheese Melt <b>Vegetables</b> Side Salad Roasted Sweet Potato <b>Fruit</b> Banana Grapes <b>Grains</b> Brown Rice <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing	<b>15</b> <b>Lunch Entree</b> Cheese Pizza <b>Vegetables</b> Side Salad Seasoned/Roasted Carrots <b>Fruit</b> Banana 100% Apple Juice <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing	
<b>18</b> <b>Lunch Entree</b> Chicken Gumbo <b>Vegetables</b> Sauteed Spinach Side Salad <b>Fruit</b> Fresh Apple Fresh Orange <b>Grains</b> Grilled Cheese Sandwich <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Ranch Dressing	<b>19</b> <b>Lunch Entree</b> Roast Turkey <b>Vegetables</b> Sweet Potato Mash Side Salad Green Beans <b>Fruit</b> Holiday Cranberry Sauce Grapes Fresh Orange <b>Grains</b> Whole Wheat Dinner Roll <b>Milk</b> Fat Free Chocolate Milk Low Fat 1% Milk <b>Misc.</b> Brown Gravy Ranch Dressing	<b>20</b> Winter Break	<b>21</b> Winter Break	<b>22</b> Winter Break	
<b>25</b> Winter Break	<b>26</b> Winter Break	<b>27</b> Winter Break	<b>28</b> Winter Break	<b>29</b> Winter Break	