



January 2024

Bishop McManus  
Bishop McManus, K-8 Breakfast

<p>01</p> <p>Winter Break</p>	<p>02</p> <p>Winter Break</p>	<p>03</p> <p><b>Breakfast Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> Banana Fresh Apple <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>	<p>04</p> <p><b>Breakfast Entree</b> Whole Grain Bagel with Cream Cheese <b>Fruit</b> Fresh Orange Fresh Apple <b>Milk</b> Low Fat 1% Milk Fat Free Milk</p>	<p>05</p> <p><b>Breakfast Entree</b> Breakfast Sandwich <b>Fruit</b> Fresh Pear Fresh Orange <b>Milk</b> Low Fat 1% Milk Fat Free Milk</p>
<p>08</p> <p><b>Breakfast Entree</b> French Toast Sticks <b>Fruit</b> Banana Craisins/Raisins, Assorted Flavors <b>Grains</b> Whole Grain Graham <b>Milk</b> Low Fat 1% Milk Fat Free Milk <b>Misc.</b> Smucker's Breakfast Syrup</p>	<p>09</p> <p><b>Breakfast Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> 100% Orange Juice Fresh Apple <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>	<p>10</p> <p><b>Breakfast Entree</b> Breakfast Sandwich <b>Fruit</b> Fresh Pear Fresh Apple <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Ketchup</p>	<p>11</p> <p><b>Breakfast Entree</b> Assorted Muffins <b>Fruit</b> Fresh Apple Craisins/Raisins, Assorted Flavors <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>	<p>12</p> <p><b>Breakfast Entree</b> Pancake and Turkey Sausage Stick <b>Fruit</b> Fresh Orange Fresh Pear <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>
<p>15</p> <p>Dr. Martin Luther King Jr. Day</p>	<p>16</p> <p><b>Breakfast Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> Banana Fresh Orange <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>	<p>17</p> <p><b>Breakfast Entree</b> Whole Grain Pancakes <b>Fruit</b> 100% Orange Juice Fresh Pear <b>Grains</b> Whole Grain Cereal <b>Milk</b> Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Smucker's Breakfast Syrup</p>	<p>18</p> <p><b>Breakfast Entree</b> Breakfast Sandwich <b>Fruit</b> Fresh Pear Fresh Apple <b>Grains</b> Whole Grain Cereal <b>Milk</b> Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Ketchup</p>	<p>19</p> <p><b>Breakfast Entree</b> Whole Grain Waffles <b>Fruit</b> Assorted Fruit <b>Grains</b> Whole Grain Bagel with Cream Cheese <b>Milk</b> Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Smucker's Breakfast Syrup</p>
<p>22</p> <p><b>Breakfast Entree</b> Whole Grain Waffles <b>Fruit</b> Fresh Orange Fresh Pear <b>Milk</b> Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Smucker's Breakfast Syrup</p>	<p>23</p> <p><b>Breakfast Entree</b> Whole Grain Cereal Yogurt &amp; Granola Parfait <b>Fruit</b> Fresh Pear 100% Orange Juice <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>	<p>24</p> <p><b>Breakfast Entree</b> Whole Grain Bagel with Cream Cheese Whole Grain Cereal <b>Fruit</b> Fresh Apple Banana <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>	<p>25</p> <p><b>Breakfast Entree</b> Turkey Sausage Biscuit Whole Grain Cereal <b>Fruit</b> Fresh Pear Banana <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>	<p>26</p> <p><b>Breakfast Entree</b> Whole Grain Pancakes <b>Fruit</b> Fresh Apple Fresh Orange <b>Milk</b> Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Smucker's Breakfast Syrup</p>
<p>29</p> <p><b>Breakfast Entree</b> Turkey Sausage Biscuit <b>Fruit</b> Fresh Orange Fresh Apple <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>	<p>30</p> <p><b>Breakfast Entree</b> Pick 2 Assorted Breakfast Items <b>Fruit</b> 100% Orange Juice Banana <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk</p>	<p>31</p> <p><b>Breakfast Entree</b> Whole Grain Bagel with Cream Cheese Whole Grain Cereal <b>Fruit</b> Fresh Pear Fresh Orange <b>Grains</b> Whole Grain Graham <b>Milk</b> Fat Free Milk Low Fat 1% Milk <b>Misc.</b> Strawberry Cream Cheese</p>		